

## CRISPUS ATTUCKS CHARTER SCHOOL

ESTABLISHED 1999

## "Preparing Students to be Mentally Tough"

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March 11, 2020

## Dear Parents:

We have received information from the Pennsylvania Department of Health regarding the Coronavirus COVID-19 and wish to share resources that may help prevent the spread of the virus in the event of an outbreak in the area.

Coronaviruses are a large family of viruses that are common throughout the world. Human coronaviruses spread just like the cold or flu. As with many viruses, the COVID-19 is spread through the air or close personal contact. Prevention for the COVID-19 includes typical prevention activities including:

- Washing your hands frequently with soap and water and/or using alcohol-based hand sanitizer
- Refraining from touching the face, specifically the "T-zone" area (eyes, nose, and mouth)
- Covering coughs and sneezes with your elbow
- Stay home until you are fever-free (without Tylenol or Motrin) for 24 hours
- Avoiding people who are already sick

Please review several resources from The Pennsylvania Department of Health about the Coronavirus COVID-19: https://www.health.pa.gov

## ADDITIONAL RESOURCES:

- https://www.cdc.gov/coronavirus/2019-ncov/index.html
- https://www.npr.org/2020/02/28/810501490/handwashing-101-a-guide-to-proper-washing-and-drying
- https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-newcoronavirus?fbclid=IwAR0MnKsP2jih5y6H7NTh3AB-avg5tsAurEEmMKNV2G2obBpO9qKkFtA6hY

Please reach out to Crispus Attucks Charter School with any questions or concerns.

Sincerely,

Jacqueline Martino-Miller, CEO

Cauline Martino -Miller

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